

Knitting it up with the Joanses

10-Day Alaska Inside Passage Cruise

aboard the Regal Princess

August 24-September 3, 2006

Escape with Joan McGowan-Michael and Joan Schrouder for this fabulous cruise from San Francisco aboard the beautiful Regal Princess. Not only will you enjoy the gorgeous scenery of the Alaskan Coastline but you will receive a minimum of 24 hours of knitting classes and evening events. Enjoy the wonderful amenities the Regal Princess has to offer you — delicious cuisine, art auctions, game shows, computerized golf centers, ice-carving demonstrations — the sea's the limit! Pamper yourself at the Lotus Spa. Enjoy all of these activities plus the added bonus of special knitting events like Sit-n-Knit, Knitting Bingo and a White Lies Designs trunk show exclusive to this cruise!

CRUISE ITINERARY

#	Day	Date	Port Location	Arrive	Depart
1	Thursday	8/24/06	San Francisco, California	—	4:00 PM
2	Friday	8/25/06	At Sea	—	—
3	Saturday	8/26/06	At Sea	—	—
4	Sunday	8/27/06	Juneau, Alaska	2:00 PM	10:00 PM
5	Monday	8/28/06	Skagway, Alaska	7:00 AM	8:30 PM
6	Tuesday	8/29/06	Tracey Arm — Cruising	7:00 AM	12:00 PM
7	Wednesday	8/30/06	Ketchikan, Alaska	7:00 AM	5:00 PM
8	Thursday	8/31/06	At Sea	—	—
9	Friday	9/01/06	Victoria, British Columbia	6:00 AM	2:00 PM
10	Saturday	9/02/06	At Sea	—	—
11	Sunday	9/03/06	San Francisco, California	6:00 AM	

Itinerary details are provided by Princess Cruises and are subject to change without notice.

EXCLUSIVE FEATURES

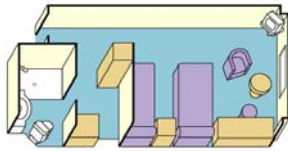
- ❖ 24+ Hours of knitting classes & Event
- ❖ A private Cocktail Party with the 'Joanses'
- ❖ Special Evening events: Sit-n-Knit & Knitting Bingo, and more
- ❖ White Lies Designs Trunk show
- ❖ Lots of prizes & goodie bag giveaways
- ❖ Yarn, patterns & handouts will be provided for knitting classes

PRICING

Stateroom Category			Cruise Fare Per Person	Port Charges & Taxes	Total Cost Per Person
Class C	—	Ocean View Stateroom	\$1,684.00	\$359.26	\$2,043.26
Class D	—	Ocean View Stateroom	\$1,584.00	\$359.26	\$1,943.26
Class I & J	—	Interior Stateroom	\$1,234.00	\$359.26	\$1,593.26

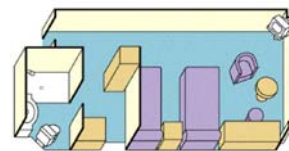
Pricing is based on double occupancy; rates for single occupancy or 3rd & 4th guest in a stateroom are available upon request. Prices are not confirmed until under deposit. Princess Cruises may withdraw these prices at any time.

STATEROOM FLOOR PLANS



Ocean View Stateroom

This picture window stateroom includes 2 twin beds that make up into a queen-size bed, a refrigerator, TV, desk, closet, bathroom with shower & sitting area. (Approximately 190 square feet in size)



Interior Stateroom

This stateroom includes 2 twin beds that make up into a queen-size bed, a refrigerator, TV, desk, closet, bathroom with shower & sitting area. (Approximately 190 square feet in size)

REGAL PRINCESS FACTS, AMENITIES & ACTIVITIES

- ❖ Date Built/Refurbished: 1991/2002
- ❖ Gross Tons: 70,000 / Length (ft.): 811
- ❖ Passengers: 1,590
- ❖ 2 Dinner Seatings
- ❖ 24-hour Buffet and Room Service
- ❖ Two pools, one with a waterfall, and whirlpool spa
- ❖ Princess Fun Zone activities for children 3 –17 yrs
- ❖ Fitness Center, Spa & Beauty Salon
- ❖ Port lectures
- ❖ Pottery, cooking, and computer classes
- ❖ Ice-carving demonstrations
- ❖ Galley tour
- ❖ Art Auctions
- ❖ Quiz and game shows
- ❖ Wine tasting
- ❖ Public Areas: Showroom, Bars/Lounges, Casino, and Shops, Movie theater

ABOUT THE INSTRUCTORS — ‘THE JOANSES’



Joan Schrouder is a practicing Registered Nurse with a passion for knitting. Unique construction techniques intrigue her, especially seamless methods. She has studied with Elizabeth Zimmermann, Meg Swansen, and many other noted knitting gurus. She has extensive teaching experience with TKGA

and Stitches, as well as guilds and shops across North America since 1989. Her designs and articles have appeared in knitting magazines and for yarn companies. She is also a frequent contributor of technical knitting information to several Internet knitting lists.

A native Oregonian, Joan lives in Eugene with her husband. She has two adult sons.



Joan McGowan-Michael has been designing clothing and knitwear professionally for more than 25 years.

Her designs and articles have been published in Vogue Knitting, Interweave Knits, Knitters, Cast On, and other knitting publications. She is

currently working on a book with STC Publishing to be released in Spring of 2006.

Joan also stylizes unique, vintage-inspired patterns and yarns for her company, *White Lies Designs*.

She lives in Northern California with her husband, son, and 3 demanding cats.

Visit her website at <http://www.whiteliesdesigns.com>

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